



Photo by Senior Airman Gustavo Gonzales

Members of 13th Air Force compete in a traditional battle of Tug-O-War during a Jungle Day sporting event held Nov. 13 at Hickam Air Force Base, Hawaii.

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News Notes

Year of the Air Force Family — Now through July 2010. Our family not only includes Active Duty, Reserve and Guard component members, officers and enlisted personnel, DoD civilians, spouses and children, but also extends to parents, friends and community partners who support our Air Force mission.

Check out www.MyAirForceLife.com, designed to help families stay connected and remind them of the LIVE, WORK and PLAY INITIATIVE. Stay informed on programs coming in the future. Be on the lookout for contests and competitions to win fantastic prizes to include iPod Nanos, iTunes cards and AAFES Theater passes. Once you register, select Hickam AFB and look for all the great programs being offered. Contact Services Marketing for additional information at 449-0393 or www.hickamservices.com.

Military Gas Discount — In addition to the five cents a gallon discount Military StarSM Card holders already enjoy every time they fuel up, Military StarSM Card holders will receive 20 cents off per gallon of fuel at any military base on Oahu from Nov. 30 to Dec. 4 and Dec. 28 – Jan. 1, 2010. For more information, call 1-800-826-1317.

Furlough Friday Pet Show — In recognition of the Year of the Air Force Family, the Airman and Family Readiness Center is hosting a pet show from 9-11 a.m., Dec. 4. Come out and show off your dog, cat, fish, rabbit, mouse, bird, etc. Even if you don't want to enter a pet, come out and watch the fun. All pets must be on a leash and under the owner's control at all times. For those interested, a chaplain will be available to do a group pet blessing at the end of the show. To participate, contact the Airman and Family Readiness Center at 449-0300.

Cookie 'Elves' needed — Drop-off for Hickam's Cookie Caper will be 6:30-10 a.m., Dec. 10, at the Daedallion Room by the Wright Bros Café. Volunteer 'elves' are needed to bake homemade cookies for Hickam's dormitory residents. About 700 dozen

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Dolphins fly with Hickam C-17 crew

by **Tech. Sgt. Cohen Young**
 Defense Media Activity-Hawaii

HICKAM AIR FORCE BASE, Hawaii — Airmen aboard C-17 Globemaster IIIs from Hickam Air Force Base transported dolphins from the Navy Marine Mammals Program in San Diego, Calif., to Noumea, New Caledonia, Nov. 8 to locate and dispose of more than 200 contact mines that were left over from World War II.

The active-duty and Reserve C-17 aircrew from Hickam helped deliver the dolphins for Lagoon Minex 2009, a humanitarian project in which U.S. forces along with French, Australian and New Zealand military will work together Nov. 9-20 to locate and dispose of the World War II mines.

The dolphins are integral to the exercise because of their biological sonar capabilities. They are used for underwater surveillance and mine detection, location, marking and recovery.

The organizers of the exercise couldn't afford to transport the animals to New Caledonia. Assistance arrived with the cooperation of a C-17 crew from the 535th Airlift Squadron here and a Reserve C-17 crew from the 452nd Air Mobility Wing from March Air Reserve Base, Calif. Through current projects and training missions, a plan was put into action to get the dolphins



Defense Department photo by Tech. Sgt. Cohen A. Young

Navy Petty Officer 3rd Class Aaron Nutt gets the attention of his dolphin while aboard a C-17 Globemaster III from Hickam Air Force Base, Hawaii, Nov. 8, 2009, en route to New Caldeonia. Petty Officer Nutt is assigned to the Navy Marine Mammals program as a dolphin handler, and the C-17 crew is taking the Sailor and dolphin to Noumea, New Caledonia, where they will participate in Lagoon Minex 2009, a humanitarian project where U.S. Navy, French, Australian and New Zealand military personnel will remove mines left over from World War II from the surrounding water of the area.

moved.

"The constraints were money," said Capt. Andrew Stewart, a pilot with the 15th Operations Squadron at Hickam and native of

Rockaway, N.J. "When I spoke to Robert Olds from the Navy Marine Mammal Program, and he told me what they were trying to do, I thought it was a worthwhile

cause. These mines were beginning to affect New Caledonia's two main sources of industry."

According to statistics, nickel

See DOLPHIN A6

Lono comes ashore

HICKAM AIR FORCE BASE, Hawaii - Braven Canibog, Makahiki protocol officer, welcomes the arrival of Lono in the native Hawaiian language during the opening ceremonies for the 7th Annual Kapuaikaula (Hickam) Makahiki (Thanksgiving) festival. Local Hawaiian and Hickam officials gathered at Hickam Harbor on Nov. 14 for the Makahiki festival. The festival involved a ceremonial arrival in canoes, spiritual offerings, five skills competitions and a feast to end the day. According to history texts, the Makahiki was started to honor Lono, the Hawaiian guardian of agriculture, rain, health and peace.

See full Makahiki Story on B1



DoD photo by U.S. Air Force Tech Sgt. Cohen A. Young

Vietnam military reps visit Hickam AFB

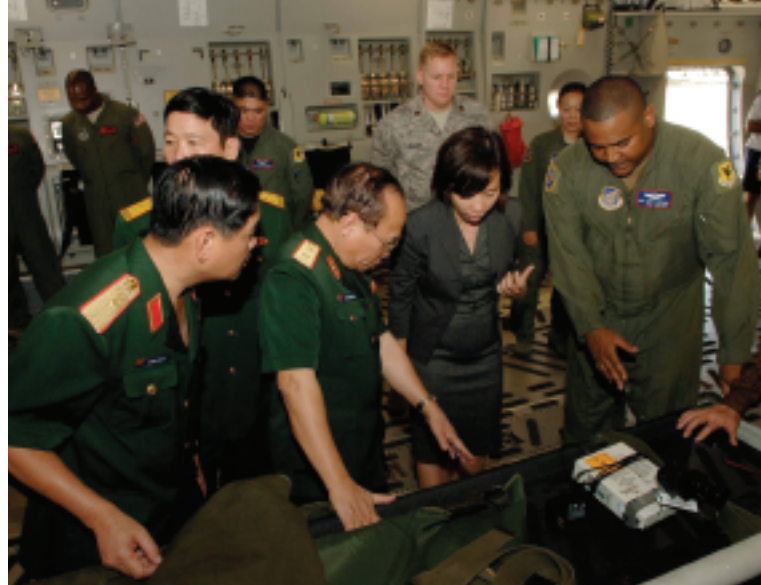
by **Tech. Sgt. Kerry Jackson**
 13th Air Force Public Affairs

HICKAM AIR FORCE BASE, Hawaii — Six delegates from the Vietnam military's health and general logistics fields met with U.S. Air Force officials here Nov. 10 during a 13th Air Force-hosted visit.

The visit was designed to familiarize the Vietnamese delegates with how the U.S. military conducts surveillance, screening and testing of infectious diseases, including AIDS and influenza. The delegates also learned how the U.S. Air Force plans and conducts logistics operations.

"Exchanging information about the management of infectious diseases is vital to the health and well-being of people living in countries throughout the Asia-Pacific region," said Col. Wayne Pritt, 13th Air Force Command Surgeon. "These collaborative efforts improve the probability that more lives will be saved, and prevent many people from contracting infectious diseases."

During the visit, U.S. and



U.S. Air Force photo by Mark Bates

Tech. Sgt. John Stevens, non-commissioned officer in charge of aircrew scheduling in the 18th Aerospace Medicine Squadron at Kadena Air Base, Japan, talks with Vietnam military delegates during a tour of a C-17 Globemaster III at Hickam Air Force Base, Hawaii, Nov. 10. Six delegates from the Vietnam military health and general logistics fields met with U.S. Air Force officials at Hickam during a 13th Air Force-hosted visit. The delegates learned how the U.S. military conducts surveillance, screening and testing of infectious diseases, and how the U.S. Air Force plans and conducts logistics operations.

Vietnam military delegates discussed and exchanged views on AIDS prevention, treatment and control. U.S. Air Force medical representatives shared how they implemented policy with regards to AIDS, and how such policies are being used before, during and after U.S. service member deployments.

Lt. Gen. Chu, Tien Cuong, director of the Vietnam Military Medical Department, said the discussions will enhance bilateral collaboration between the U.S. and Vietnamese military medical forces.

"We believe this visit will help promote our mutual understanding, and we very much appreciate the U.S. military's support," General Chu said. "We believe the relationship between our two countries and our two militaries will further develop in the time to come."

The team's visit was sponsored by the U.S. President's Emergency Plan for AIDS Relief. Two U.S. laws, one enacted in 2003 and another in 2008, authorized billions of dollars to com-

See VIETNAM, A6

Domestic violence survivor makes her escape

Commentary by Alison Stewart
Hawaii Air National Guard/Pacific Air Forces Intelligence Systems Analyst

HICKAM AIR FORCE BASE, Hawaii — I’m not ashamed to admit that I am a survivor of domestic violence. It’s been eight years since I broke away from my ex-husband/abuser, but I never take for granted how blessed I am to be alive. Shortly after I escaped my abuser, one of the first life-changing things I did was walk into the recruiter’s office to join the Hawaii Air National Guard. Being part of the HIANG rejuvenated my sense of independence and opened up new professional opportunities not available anywhere else. Words cannot describe how good it feels to be able to get into the car and go wherever I want to without the fear of having a fist raised at me when I get back home. One in four women are victims of domestic violence, and it’s a problem that is difficult to profile since it cuts across all socio-economic groups. Whether it’s physical or emotional abuse, the abuser almost always starts small, graduating to increasingly harsh behavior over time. After a severe episode of abuse where my ex-husband unleashed a head blow that caused partial hearing loss in my left ear, I realized that I’d rather die a free woman rather than die as his prisoner.

The editorial deadline is the FRIDAY PRIOR to Friday publications. Prior coordination is MANDATORY. Articles and announcements must have complete information, bylines, credits and contact information.

DIAMOND TIPS

HONESTY

We all have heard that honesty is the best policy. This is true for many aspects of our day-to-day lives. In fact, honesty is woven into the fabric of the military existence. Our Air Force Core Values of “Integrity, Service Before Self and Excellence In All We Do” are founded on the bedrock of honesty.

- Am I giving my Airmen true and honest feedback?
- Am I giving my 110 percent in everything I do?
- Am I truly giving my all to increase my fitness level?
- Am I doing what is right ... even when I am not being watched?
- Am I honest with myself?”

Remember, honesty is not always the easy choice to make ... but it is always the right choice.

Be honest with yourself and others...it is the best policy!

DIAMOND TIPS

The solution to the problem seems so simple, and is the source of the biggest question that arises: “Why don’t you just leave?” From personal experience, I can testify that it’s not easy. In addition to the mental preparation, you need to have a survival plan and support system in place. Fortunately for me, I made a successful escape with the help of my family (especially my mom) and wonderful friends. If you are stationed in Hawaii and away from family, you may not have that network of personal support I had, but know that if you do need the help, there is a wealth of resources here for you. Restricted reporting gives victim of domestic abuse the option to make a restricted report to a victim advocate, health care provider and family advocacy without starting a law enforcement investigation or having the victim’s or alleged offender’s commander notified. Restricted reporting is intended to give victims access to services and support. Family Advocacy will work with the victims to help them understand all of their options.



Courtesy Photo
HONOLULU, Hawaii — A candlelight vigil with more than 100 attendees including community members, agencies and the Honolulu Police Department, was held at Lester McCoy Pavilion at Ala Moana Park Oct. 28 to remember and honor the victims who had lost their lives due to domestic violence. Hickam’s Family Advocacy Program chaired the planning committee, which was made up of more than 15 different agencies, military branches and community members. The event included displays, speeches from survivors of domestic violence and hula dancing. Participants were presented with forget-me-not seeds, and the vigil ended with a moving candlelight ceremony. For help or information, please contact Family Advocacy at 449-0175 or the Hickam AFB Domestic Violence Victim Advocate at 449-0187.

Domestic Violence Signs

If you’re not sure if you or someone you know is in an abusive relationship, here are some signs:

Do you:

- Feel afraid of your partner most of the time?
- Avoid certain topics out of fear of angering your partner?
- Feel that you can't do anything right for your partner?
- Believe that you deserve to be hurt or mistreated?
- Feel emotionally numb or helpless?

Does your partner:

- Have a bad and unpredictable temper?
- Humiliate or yell at you, especially in public?
- Hurt you, threaten to hurt or kill you?
- Shove, slap you or hit you?

- Intimidate you with guns, knives or other weapons?
- Act excessively jealous and possessive?
- Control where you go and what you do?
- Stop you from seeing or talking to friends/family?
- Limit your access to money, the phone (and check your call logs), and the car?
- Constantly check up on you?
- Tell you you're a bad parent or threaten to take away or hurt your children?
- See you as property or an object, rather than as a person?
- Destroy your property, kill or threaten to kill your pets?
- Blame you for all his wrong-doings?
- Threaten to commit suicide if you leave?

Don't hesitate to call for help! Wear the color purple to support anti-domestic violence.

‘Kokua for the Pacific’

HONOLULU, Hawaii — Local KHVH radio personality Rick Hamada (from left) interviews Col. Giovanni Tuck, 15th Airlift Wing commander, and Lt. Col. Rex Vanderwood, deputy 15th Mission Support Group commander, during the “Kokua for the Pacific” telethon at Aloha Tower Marketplace on Nov. 15. The statewide radio and television event raised more than \$140,000 to aid natural disaster victims in American Samoa, Nation of Samoa, Philippines and Indonesia. Team Hickam’s C-17s transported relief supplies and equipment soon after the earthquake and tsunami in American Samoa and after the typhoons in the Philippines.

U.S. Air Force photo by Lt. Col. Tracey Saiki

Family is essential to Air Force success

Commentary by by Col. Michael Jordan
354th Fighter Wing Vice Commander

EIELSON AIR FORCE BASE, Alaska — Family has always played an important part in the success of our Air Force mission. When the family is happy and healthy, the mission is successfully accomplished — often with more efficiency and better quality work. When something negatively affects a family member, there is usually a corresponding negative impact to the mission. Promoting the family culture, the Secretary and the Chief of Staff of the Air Force designated July 2009 to July 2010 as the “Year of the Air Force Family” with the goal to highlight the many successful programs in place to support Airmen and their families and as a central way to inform Airmen of new programs as they are unveiled throughout the year. President Barack Obama recently highlighted the important role of family

when he proclaimed November as Military Family Month. In the proclamation he said, “No one pays a higher price for our freedom than members of our nation’s military and their families. As sons and daughters, husbands and wives, and mothers and fathers are deployed, military families endure with exceptional resilience and courage. They provide our troops with invaluable encouragement and love, and serve our nation in their own right.” Happy, healthy military families are critically important to our Air Force culture and ultimately our mission success. That success is made possible by the entire Air Force Family to include active duty, Guard and Reserve Airmen, single Airmen, civilians, spouses, children, extended family members, retirees and community partners. The strength of the nation’s Air Force does not come from the platforms and technology we operate, but from Airmen and their families. Taking care of them is important to maintain-

Kukini: Meaning swift and valued messenger, the Kukini in ancient times took news from one Hawaiian leader to another.

Joint team shows 'warrior spirit' during Jungle Day

by Tech. Sgt. Kerry Jackson
13th Air Force Public Affairs

HICKAM AIR FORCE BASE, Hawaii — Mention “Friday the 13th” and any number of mysterious things come to mind. For 13th Air Force’s joint team, the day is about community, camaraderie and good old-fashioned competition.

On what was the final Jungle Day of 2009, 13th Air Force’s “Jungle Warriors” spent Nov. 13 competing in sports, games and other morale-building activities here. The Jungle Day tradition originated when the organization was assigned to Andersen Air Force Base, Guam, and gives 13th Air Force members a chance to have fun and give back to the local community every Friday the 13th.

“Jungle Day is something we look forward to in 13th Air Force,” said Maj. Linda Vadnais, the 613th Air and Space Operation Center chief of bomber operations and lead planner for this month’s Jungle Day. “This is an opportunity for our joint warriors to build upon the camaraderie that makes our unit thrive. It also allows us to give back to the Oahu community that continues to support us.”

The day was filled with loads of activities including combat golf, three-on-three basketball, tug-of-war, trivia games, scavenger hunts, bowling and surfing.

During the last Jungle Day in March, 13th Air Force members gave back to the community in neighborhoods throughout Oahu, volunteering in homeless shelters and elementary schools and cleaning up area



U.S. Air Force photo by Senior Airman Gustavo Gonzalez

Members of 13th Air Force pass batons while competing in a relay race during Jungle Day Nov. 13 at Hickam Air Force Base. The Jungle Day tradition originated when the organization was assigned to Andersen Air Force Base, Guam, and gives 13th Air Force members a chance to have fun and give back to the local community.

beaches and parks. This time the warriors made food donations to the Hawaii Food Bank, which serves 250 charitable agencies representing 289 feeding programs across Oahu.

“Jungle Day is really a lot of fun, whether we’re building camaraderie through

sports or working in the community,” said Staff Sgt. Cuong Dinh, a 13th Air Force communications and knowledge operations manager. “It makes you proud to be a part of a team that really cares about both your organization and the community.”

Thirteenth Air Force has observed Jungle

Day in Hawaii since 2007. The unit is responsible for command, control and execution of air, space and information operations capabilities across the full range of military operations in the U.S. Pacific Command area of responsibility, excluding the Korea theater of operations.

Green Knights visit veterans

Lt. Col. Michael Benham, 13th Air Force chief of safety, greets a veteran from Tripler Army Medical Center's Community Living Center in Honolulu, Hawaii, during a visit by the Hickam Green Knights Motorcycle club on Veterans Day, Nov. 11. The group spent time handing out commemorative U.S. flags that reflect the spirit of Veterans Day. The bikers also helped the veterans move about the center and took them outside for a quick view of their bikes, which filled a large portion of the parking lot.

Air Force photo by Tech. Sgt. Kerry Jackson





U.S. Air Force photo/Chief Master Sgt. James Laurent

HICKAM AIR FORCE BASE, Hawaii — Sixteen senior master sergeants were selected as the newest chief master sergeants for Team Hickam Nov. 5. On the front row from the left are: Vanessa Smallsbryant, 15th Airlift Wing; Gregory Parmer, 735th Air Mobility Squadron; Steven Poole, HQ PACAF; Willarvis Smith, Defense Information Systems Agency Pacific; David McNeal, 15th Comptrollers Squadron; Veronica Sebastian, 324th

Intelligence Squadron; Raymond Irizarry, 692th Intelligence, Surveillance and Reconnaissance Group. On the back row from left to right: William Bright, Headquarters Pacific Air Forces; Guy Ingersoll, HQ PACAF; Stephen Steele, HQ PACAF; Stuart Nikolas, HQ PACAF; Todd Herman, Pacific Command; John Mizelle, HQ PACAF; Neil McCready, HQ PACAF. Not pictured are Charlie Johnson and James Clark, both from HQ PACAF.

Sixteen Team Hickam senior master sergeants selected for promotion to chief master sergeant

15th Airlift Wing Public Affairs

HICKAM AIR FORCE BASE, Hawaii — Sixteen senior master sergeants assigned to Hickam Air Force Base were among 475 selected Air Force-wide for promotion to chief master sergeant Nov. 5, 2009. This year's selection rate was 20.87 percent.

Please join Team Hickam leadership in congratulating Hickam's newest chief master sergeant selects. The senior master sergeants selected are:

- William Bright, Headquarters Pacific Air Forces
- James Clark, Headquarters Pacific Air Forces
- Todd Herman, U.S. Pacific Command
- Guy Ingersoll, Headquarters Pacific Air Forces
- Raymond Irizarry, 692th Intelligence, Surveillance and Reconnaissance Group
- Charlie Johnson, Headquarters Pacific Air Forces
- Neil McCready,

- Headquarters Pacific Air Forces
- David McNeal, 15th Comptrollers Squadron
- John Mizelle, Headquarters Pacific Air Forces
- Stuart Nikolas, Headquarters Pacific Air Forces
- Gregory Parmer, 735th Air Mobility Squadron
- Steven Poole, Headquarters Pacific Air Forces
- Veronica Sebastian, 324th Intelligence Squadron
- Vanessa Smallsbryant, 15th Airlift Wing
- Willarvis Smith, Defense Information Systems Agency Pacific
- Stephen Steele, Headquarters Pacific Air Forces

The complete list of selectees can be found at www.afpc.randolph.af.mil/promotions/chief/index.asp.

The average score for those selected was 662.78, with an average time in grade of

3.40 and time in service of 23.23 years, respectively, and 24.49 for decorations. The average score was based on the following point averages: 135.00 for enlisted performance reports, 63.57 for the Air Force supervisory exam and 388.58 board score.

Those selected for chief master sergeant will be promoted according to their promotion sequence number beginning January 2010. As a reminder, selections are tentative until the data verification process is complete, which is no later than 10 days after

the promotion release date. AFPC officials will notify Airmen, via military personnel sections, if their selection is in question.

The virtual promotion release is one of the many technological initiatives AFPC has taken to deliver personnel services via 24/7 Web-based personnel information. For more information, visit the enlisted promotions page on AFPC's "Ask" Web site. Airmen can also call the enlisted promotions office at (210) 565-2362 or 24-hour Total Force Service Center at (800) 525-0102.

DOLPHIN, From A1

mining and the fishing industry are the two main sources of commerce in New Caledonia.

The Reserve crew took the first leg of the trip and passed the next leg onto the Hickam-based, active-duty crew so one squadron wouldn't have to absorb the costs involved.

Twelve minefields were constructed by the Australians during World War II to prevent enemy access to the New Caledonia ports where American troops were deployed. In 1944, U.S. forces began a mine sweeping operation of the surfaced mines. More than 60 years later, the U.S., New Zealand,

Australia and France forces gathered in a joint effort to help a community by eliminating the remaining mines.

The nine-person crew said they were happy to do their part in this worthwhile exercise.

"The impact is huge," Captain Stewart said. "We were able to work with many multinational agencies and watch it unfold to make an environment safer. We used the 'total force' concept to help get these four mammals to New Caledonia so they can do their job."

"It's good to see all these agencies coming together," said

Brisbane Australia native Flight Lt. Samuel Gadsby, an exchange officer from the Royal Australian Air Force who is currently assigned to the 535th AS. "This was a complex task to work with all of the different agencies. We had a French liaison officer help us with some of the communication involved."

Airmen from McChord Air Force Base, Wash., will take the mammals back to San Diego at the end of the exercise. Dolphins are not the typical cargo for a C-17.

"You have to remain dynamic and flexible and an operation like this provided that opportunity," Captain Stewart said. "We went to a

nonstandard airfield where procedures were different than ours and we did it with an unordinary cargo."

"We're not used to downloading cargo with minimal equipment," said Tech. Sgt. Kevin Collette, a loadmaster with the 535th AS and native of Worchester, Mass. "This tested our expertise as loadmasters when we uploaded and downloaded the dolphins. We had to maintain a certain cabin pressure for the mammals, which was different from our usual setting because we wanted to make sure they were comfortable. The dolphins were well-behaved and the best passengers that we've ever had."

NEWS NOTES, From A1

cookies are needed to help share the warmth of the season with the base's Airmen. Homemade cookies can be dropped off in baggies with two to three cookies per baggie from 6:30 to 10 a.m., Dec. 10, at the Daedallion Room by the Wright Bros Café. Volunteers are also needed to help pack the cookie care packages. Make your cookie pledge by e-mailing bis4basket@aol.com. For more information, call Pam Morgan at 744-9233.

VIETNAM, From A1

bat global AIDS, tuberculosis and malaria. Through fiscal 2013, the program plans to partner with host nations to support treatment for at least 3 million people, prevention of 12 million new infections and care for 12 million people.

In addition to the medical discussions, which included a visit to the 15th Medical Group's Hickam clinic, the Vietnamese military delegates also had the opportunity to visit the 15th Logistics Readiness Squadron's facilities here to discuss U.S. Air Force logistics operations. Among the topics

was equipping personnel for deployments.

General Chu said the visit was the first ever trip made by Vietnam People's Army logistics representatives to the U.S. Pacific Command.

"We do hope that this initial exchange will help create opportunities for future collaboration in military logistics," the general said. "With initiatives and thoughts shared between our deputy director of the General Department of Logistics and PACOM's senior logistics officers, we'll help shape logistical collaboration in the future."

The visit is one among other recent cooperative efforts between the United States and Vietnam. In August, the United States and Vietnam co-hosted more than 200 nurses from 14 countries during the 3rd annual Asia-Pacific Nursing Symposium in Hanoi, Vietnam.

The two countries also worked together in September during Pacific Angel 2009, a joint and combined humanitarian and civic assistance program aimed at improving military civic cooperation between the United States and Vietnam.

Crime Scene

Citation Total for Nov. 6–12

- | | |
|----|------------------------------|
| 1 | Abandoned Vehicle Notice |
| 12 | Civilian Traffic citations |
| 38 | Moving Traffic citations |
| 8 | Non-Moving Traffic citations |